

# BARRINGTON SENIOR CENTER

ENRICHMENT ~ ENHANCEMENT ~ ENLIGHTENMENT

Telephone 247-1926

**JUNE 2015**

281 County Road  
Barrington, RI 02806

## Center Hours

**9:00 AM - 4:00 PM**  
**Monday - Friday**

## SENIOR CENTER STAFF

**Michele Geremia**  
Director

**Ed Carusi**  
Outreach Services  
247-3791

**Mira Meyer-Oertel**  
Senior Services Coordinator

**Shirley Slusarski**  
Clerical

**Fran Stabila**  
**Rod Maturi**  
Kitchen Staff

**Larry Daglieri**  
**Anthony Mederos**  
**Jeffrey Jacquart**  
Transportation

**Mona L. Kozel**  
Activity Club

## ICE CREAM SOCIAL

**Friday, June 19th at 1:00pm**

Come and celebrate the arrival of Summer at the Annual Ice Cream Social hosted by the Activity Club. A talented musician, *Brad Bradford* of New Hampshire, will be here to present his "Country Legends Floor Show," a program of classic American country music. Ice cream sundaes and country music - a great way to spend a June afternoon. Y'all come!

## EGRET'S LANDING CAFÉ



**Monday, June 22nd**  
**2:30pm to 4:00pm**

*Matt Gray*, a lifelong Riverside resident who plays guitar, harmonica and piano, will be at *Egret's Landing Café* to entertain you! He is the founder of the Barrington Music Studio on Kent Street, where he also teaches. A most talented singer and songwriter, Matt performs various genres of music, from folk to rock to ballads and has a very engaging style that connects with well with audience members. Come, bring your friends and enjoy another delightful event at the Café.

## EXERCISE NEWS : SENIOR STRENGTH

**Good News!** Beginning July 1st, the popular Senior Strength class taught by the YMCA's Edna Kurtzman, will be offered in two sessions, each limited to 18 participants. The new schedule is as follows:

**Senior Strength I: Tuesdays and Thursdays at 9:00am - 9:45am**

**Senior Strength II: Tuesdays and Thursdays at 10:00am - 10:45am**

All current and future participants in the Senior Strength classes are asked to please register with the front desk for the session of their choice and registrations will be processed on a first come - first served basis. Please chose your session and register as soon as possible.

## ALZHEIMER'S SUPPORT GROUP

**Monday, June 1 at 1:00pm**

The Alzheimer's Support Group continues to meet on the first Monday of the month. All are welcome!

## COFFEE AND CONVERSATION

**Wednesday, June 3rd and Wednesday June 17th**  
**10:30 am**



Last month we introduced this new opportunity to meet and “hang out” with friends at the *Egrets’ Landing Café* while enjoying a cup of coffee and a mid-morning snack. The *Café* is open again on two days in June and all are invited to come and make “Coffee and Conversation” a regular event.

## JOURNEYS WITH SALLY

**Tuesday, June 30th at 10:00am**  
**Cost 24.00 - with Lunch on your own**

### “DORIS DUKE DIVERSIONS”

Visionary, philanthropist and Newport preservationist--Doris Duke's legacy is one which will not be forgotten. Please join us as we explore the extraordinary life and contributions of this exceptional New England resident. As we begin, we will visit one of Miss Duke's favorite homes, Rough Point. A tour of the mansion reveals a sweeping ocean view and a remarkable fine art collection.

Now, it's time for lunch at local favorite Brick Alley Pub. This restaurant offers genuine home style hospitality and a wide variety of freshly prepared dishes.

For a finishing touch, we will experience Aquidneck Island's rural past with a stop at Prescott Farm. This site showcases historic buildings, gardens, and ponds.

We look forward to seeing you!

## PAINTING CLASS

**June 23rd, 9:30am - 11:30**

As is tradition for Judy Keeley's painting class, the current session will end today with an exhibit of the paintings created by the various artists and a reception. Everyone is invited!

## WELCOME TO THE INTERNET


**Monday, June 15th to July 27th**  
**10:30am - 11:30am Cost: \$30.00**

This six week course will discuss and introduce you to currently popular websites and internet uses. You will learn to set up a Facebook account, will be introduced to Google Earth, Google Maps and Mapquest and learn about coupon sites such as Groupon, as well as other buying sites, including EBay and Etsy. You will have the opportunity to set up a Paypal account, safe to use when purchasing on websites.

You will also explore YouTube, where you can watch everything from musical performances, guitar lessons or your favorite 1950's TV show to videos of cute kittens playing the piano. Interested in taking a music writing course from Berkeley College or an archeology course from Brown University - *for free*? Would you like to order movies from Netflix to your home or video streamed to your computer? Come join us and learn how!

## Wii SPORTS NOW AT THE CENTER

Wii Sports and a beautiful new flat screen TV are now available at the Center for anyone who would like to play a game of Tennis, Baseball, Golf or Bowling!

 Wii Sports is not just for the grandchildren but is being played and enjoyed in Senior Centers around the country. All virtual sports available on the Wii also provide a fun and engaging way to increase physical activity and help improve balance.

Bowling is especially popular. There is a National Senior Wii Bowling League with 186 teams and at least 1500 seniors, who face off in competitions from New to California. It would be fun to start a team here in Barrington - all are invited to check out the Wii and participate in this new fun activity!

## ACTIVITY CLUB TRIPS AND ACTIVITIES\*

### **June 30, 2015 (Tuesday) - Lake Winnepesaukee Cruise**

June is the perfect time to enjoy a trip to New Hampshire's beautiful Lake Winnepesaukee. Sailing from Weir's Beach, you will delight in the beautiful vistas of the White Mountains from a comfortable deck chair on the 230-foot M/S Mount Washington. The narrated cruise of this immense Lake also includes a delicious buffet luncheon and a visit to the Moulton Farm market, where farm-fresh vegetables, cakes and pies are available. Depart at 8:30am from the rear of the Barrington Town Hall and return at about 6:00pm.

**Cost: \$70.00**

### **July 28, 2015 (Tuesday) - Log Cabin and Lobster Fest**

You will travel today to the fabulous Log Cabin for a delightful day of delicious cuisine and great entertainment. Enjoy a luncheon of the award-winning Clam Chowder, Boiled Lobster, Barbecued Ribs and Chicken with Corn and Baked Potato, as well as a Strawberry Ice Cream Sundae and a complimentary glass of wine. Then be ready to dance in the aisles, as Janice Dee and the "Shakin' All Over" band performs legendary dance songs from 1954-1963 and beloved American standards.

Depart at 9:30am from the rear of the Barrington Town Hall and return at 5:30pm.

**Cost: \$83.00**

### **August 17, 2015 (Monday) - Foxwoods Resort and Casino**

The Activity Club offers a day of games and fun at Foxwoods, beginning with Bingo at 10:00am. Each trip participant will receive a gaming package towards food and gaming worth up to \$20.00. Depart at 8:00am from the rear of the Barrington Town Hall and return at 5:00pm.

**Cost: \$20.00**

**PLEASE NOTE: It is very important to sign up early for all trips as a sufficient number of people is required to secure each trip. Thank you!**

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### **TOWN OF BARRINGTON**

Senior Center

281 County Road

Barrington, Rhode Island 02806

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